

# Child Safety E-Newsletter



Every Child, A  
Safe Child.



## Upcoming Car Seat Events

3/2- L&M 4-7 PM  
3/3-Norwich FD 10-1PM  
3/7-L&M 4-7 PM  
3/8- Mohegan 12-3 PM  
3/9-L&M 4-7 PM  
3/14-L&M 4-7 PM  
3/15-Mohegan 12-3 PM  
3/16-L&M 4-7 PM  
3/21-L&M 4-7 PM  
3/22-Mohegan 12-3 PM  
3/23-L&M 4-7 PM  
3/28-L&M 4-7 PM  
3/29-Mohegan 12-3 PM  
3/30-L&M 4-7 PM

**Please note:**  
**All Car Seat Checks are by Appointment ONLY!!!!**

**Please call at least a month prior to delivery if you are expecting.**

**Please bring your car seat, directions to the car seat, and the owners manual for your vehicle.**

**Appointments can be made by calling 442-0733**



Safe Kids monthly E-Newsletter contains information on new recalls, safety announcements, and events to help ensure your little ones safety all year long! Please call or email with your comments, suggestions or to sign up to receive your e-newsletter copy each month. [www.nlcsafekids.org](http://www.nlcsafekids.org)

## Poison Prevention Week- March 19-25th

Did you know that March 19-25, 2006 is National Poison Prevention Week? A week dedicated to poison prevention education is an opportunity to share poison prevention information with the entire family.

In Connecticut, dialing the Poison Help number (1-800-222-1222) will link the caller to the Connecticut Poison Control Center (CPCC). The number can be used anywhere in the United States and connects callers to their local poison control center. The toll-free number has TDD capacity for the deaf and is also linked to a language interpreting service for those whose primary language is not English.

Post the number near each phone in your home. The CPCC can treat almost eighty percent of all poisonings over the phone. Do not wait for symptoms to develop, call the CPCC immediately!

Here is what you can do to provide a safe environment for children in your care; prevention is the key. Know the definition of a poison. A poison is any product or medication that causes harm if used in the wrong way, in the wrong amount, or by the wrong person. What helps one person may harm another.

### Poison Prevention cont....

Prevent accidental poisonings by poison proofing homes. Examine each room, being careful to observe at crawling level and at higher vantage points accessible to climbers. Remember to move diaper bags and purses out of the reach of children. Throw out any old medications and unused products. Store products in their original containers. Be on the look out for poison look-a-likes. Often cough syrup is mistaken for grape juice, bleach for water, etc. Lock medications in a tackle box, place cleaning supplies in a childproof cabinet, or keep needed chemicals in a locked closet.

This year's theme is "Children Act Fast...So Do Poisons!" If you would like more information about Poison Prevention Week call Amy Hanoian-Fontana, M.A., NREMT-B at (860) 679-4422. Telephone stickers, emergency action brochures for poisonings, and other materials are available by calling the education and materials line at (860) 679-3531 or visiting our website at [poisoncontrol.uchc.edu](http://poisoncontrol.uchc.edu).



# Dude...Don't Forget your Brain Bucket!!!!!!

You can't hide a piece of broccoli in a glass of milk. - Rosemary, age 7

**Summary: A short version of instructions for fitting a bike helmet.**

Helmets are not hats! They must be level on your head and strapped on securely to be protective in a crash. You want the helmet to be level on the head, with the fitting pads inside touching all the way around and the strap comfortably snug.

### First, adjust the fit pads or ring

Most helmets come with extra foam fitting pads to customize the fit. You can usually remove the top pad or use a thin one there to lower the helmet on the head, bringing its protection down further on the sides. Use thicker pads on the side if your head is narrow and there is a space, or add thicker pads in the back for rounder heads. Move pads around to touch your head evenly all the way around. If you have a "one size fits all" model with a fitting ring instead, just adjust the fit by tightening the ring if needed.

### Then, Adjust the Straps

Put the helmet on, level on your head. Adjust the rear (nape) straps, then the front straps, to locate the Y fitting where the straps come together just under your ear. You may have to slide the straps across the top of the helmet to get them even on both sides. Then adjust the chinstrap so it is comfortably snug. Now adjust the rear stabilizer if the helmet has one.

### Are you done?

Shake your head around. Then put your palm under the front edge and push up and back. Can you move the helmet more than an inch or so from level, exposing your bare forehead? Then you need to tighten the strap in front of your ear. Now reach back and pull up on the back edge. Can you move the helmet more than an inch? If so, tighten the nape strap. When you are done, your helmet should be level, feel solid on your head and be comfortable. It should not bump on your glasses (if it does, tighten the nape strap). If it still does not fit that way, keep working with the straps and pads, or try another helmet.

Source: <http://www.bhsi.org/fit.htm>



## Recall for March



Please go to [www.recalls.gov](http://www.recalls.gov) for all the latest recalls and safety information.

Black Dog Children's Hooded Sweatshirts with Drawstrings -Strangulation Hazard

**Name of Product:** Children's Hooded Sweatshirts with Drawstrings

**Hazard:** The garments have a drawstring through the hood, posing a strangulation hazard to children  
**Description:** The recalled sweatshirts have a black dog on the front and are sold in youth sizes up to size 12 with drawstrings through the hood.

Sweatshirt colors include navy blue, gray, red, pink, black or oatmeal. "The Black Dog," "Est. 71," or "The Black Dog/Martha's Vineyard" are printed on the back of some of the sweatshirts. A tag sewn on the inside of the garment reads, "The Black Dog." Style numbers are K086, K088, K090, K062, or K063 are printed on the garment's hangtag.

**Remedy:** Consumers should immediately remove the drawstrings from the sweatshirts to eliminate the hazard.

**Consumer Contact:** For additional information, contact Black Dog at (800) 626-1991 between 9 a.m. and 5 p.m. ET Monday through Friday, or visit the firm's Web site at [www.theblackdog.com](http://www.theblackdog.com)



You should never pick on your sister when she has a baseball bat in her hands. -Joel, age 12

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Email: [esther@community-partnerships.com](mailto:esther@community-partnerships.com)